



Monthly Resource Document



CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES



This monthly resource document is brought to you by the
Chatham-Kent Community Navigators

Community Navigators help residents of Chatham Kent who are looking for some support.

Their services are offered free of charge and include:

- Provide one-on-one instruction in accessing government, social and health services online
- Provide referrals to other social services, employment and educational programs in the community
- Assist with applications for government programs and benefits
- Complete personal income tax returns for qualifying low-income residents
- Employment support assisting with resume creation, cover letter development, online job applications and employment resource sharing
- Deliver workshops and I.D. clinics
- Provide computers to qualifying low-income youth, families and eligible non-profit organizations via the Computer Connects program

For more information about Community Navigators, please call
(519) 355-1380, or email
ckcn@chatham-kent.ca

If you find it valuable and would like it to be delivered to your email inbox each month, please email ckcn@chatham-kent.ca with the subject line
"Please add me to the monthly resource document mail out"



CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

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CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

CLOTHING AND PERSONAL NEEDS					
CHATHAM					
Goodwill Community Store and Donation Centre Drive through	Gently used clothing & household items	255 Grand Ave. W Chatham	Monday – Friday 9 am - 9 pm Saturday 9 am - 6 pm Sunday 10 am - 5 pm	519-351-9486	
Loads of Love	Gently Used Clothing & furniture	15 Princess St N Chatham	Tues – Fri 9 am - 4 pm Saturday 9 am – 2 pm <u>Sun & Mon closed</u>	519-352-0911	
Missions Thrift Store	Gently used furniture and household items	26 Wellington St Chatham	Monday to Friday 9 am - 5 pm Saturday 10 am – 4 pm	519-351-3817	
New Life Thrift Store	Gently used clothing & furniture	202 Queen St Chatham	Monday – Wednesday 9 am – 4 pm Thursday & Friday 9am – 6pm Saturday 10am – 4 pm	519-354-5033	
St. Vincent	Gently used clothing & furniture	80 King St E de Paul Thrift Store Chatham	Monday – Saturday 9 am - 4 pm	519-354-0410	

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Salvation Army Thrift Store	Gently used clothing & household items	456 St. Clair St Chatham	Monday – Saturday 9 am – 5 pm Sunday Closed	519-358-7299
The Family Treasure Chest	Gently used clothing & household items	122 Chatham Richmond St	Tuesday – Saturday 10 am–4 pm Sunday & Monday Closed	519-397-4660
The Encore Shop & Gallery	Second Hand clothing with 5% of all proceeds donated to local charity. Encore works with organizations 137 Chatham Queen St assisting the homeless in CK as well as youth aging out of foster care.		Tues., Wed., Thurs , and Fri 9 am - 4:30 pm	519-784-0463
Thrifters’ Nest		Thrift & consignment shop; clothing and Chatham	Follow on FaceBook	519-351-5638
Families Helping Families	household items	(Former Dutch Market)	Mon – Fri. 9 am – 4 pm. Thurs 6 – 9pm ; Sat. 10 am – 4 pm	thrifiersnest@gmail.com
Value Village	Gently used & Householdclothing items	80Chatham Keil Dr	Monday – Thursday 10 am – 8 pm Friday and Saturday 10 am – 9 pm Sunday 11 am – 7 pm	519-354-9325

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WALLACEBURG					
Goodwill Donation Centre	Donation Centre ONLY	1416 Dufferin Ave Wallaceburg	Monday - Friday Saturday Sunday	9am - 9pm 9am - 6pm 10am - 5pm	519-627-9354
Re-Find Charity Thrift Shoppe	Gently used clothing, furniture & household items	216 Nelson St Wallaceburg	Mon. & Sat. Tuesday - Friday	10am - 2pm 10am - 4pm	519-626-9814
Salvation Army Thrift Store	Gently used clothing & household items	600 Lowe Ave Wallaceburg	Tues - Thurs 9:30 am – 12 pm	9:30am-12 1- 4pm Friday	519-627-1163
RIDGETOWN					
New to You	Gently used clothing & household items	37 Main St E Ridgetown	Mon Tues Wed., & Fri 10 – 5 10 -6 Saturday 10-2	Thursday ridgetownnewtoyou@gmail.com	519-784-8755
DRESDEN					
Community Closet	Clothing and personal items Food Pantry Box Book Box	North Dresden Baptist Church 182 Trerice St W Dresden	Tues & Thurs 11am - 3pm Fri 4pm – 8pm 3 rd Sat each month 10am – 12am		519-683-4892 or 519-358-5439
EMPLOYMENT & TRAINING RESOURCES					

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Literacy & Essential Skills Upgrading		240 King St W Chatham	Monday – Friday 9am-4:30pm	519-354-7424
Immigration Programs & Service				
Adult Language and Learning Newcomer settlement servicesESL classes; Youth programs	Assistance with forms for Newcomers & Permanent Residence			
CK Jobs Service Available at 6 locations across Chatham - Kent	Explore your career options, strengthen your résumé, search for jobs, prepare for job interviews, & look at education and skills Employment training opportunities with the support of a Job Developer.	<u>Municipal Service Centres</u> 35 Talbot St, Blenheim 435 Grand Ave W Chatham 485 St. George St. Dresden 17 Superior St. Tilbury 45 Main St Ridgetown 786 Dufferin Ave Wallaceburg	Monday – Friday 8:30 – 4:30 pm Follow this link for more info: Chatham-Kent Jobs – Connect Prepare Succeed (chathamkentjobs.com)	519-351-8573
College Boreal	Offers a unique variety of courses that are individualized to the learners needs; offers settlement services for Permanent Residents and newcomers	161 King St W Chatham	Monday – Friday 9am - 5pm	519-397-1677 Collège Boréal - Francophone Postsecondary Education in Ontario (collegeboreal.ca)
Community Living Chatham JOBWORX Employment Services	Assists with employment readiness, job discovery, job securement and sustained employment Helps search career paths, enhance resumes, interview prep, explore educational and skills training options	101 Stewart St Chatham	Monday – Friday 8:30am – 4:30 pm After hours appointments available upon request	Call 519 – 351 – 0460 Community Living Chatham-Kent Ontario – (clc-k.ca)
Contact North	Offering a wide range of free study course online; including upgrading, secondary and post-secondary options	Call or email to set up an appointment at a location that is convenient to you	Virtual access Mon – Friday 8:30am – 4:30pm	chathamkentlambton@contactnorth.ca James Bolos 1-855-353-5949

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Employment and Social Services	Photocopier in lobby to copy & fax documents at no charge	435 Grand Ave W 1 st Floor Chatham	Monday - Friday 8:30am-4:30pm	519-351-8573
Goodwill Career Centre Wallaceburg	Explore your career options, strengthen your résumé, prepare for job interviews, or look at education and skills training opportunities	1416 Dufferin Ave Wallaceburg	Virtual Services: Mon-Fri 8:30am - 4:30pm Drop-in Hours: Tues / Thurs 8:30am-4:30pm	519-354-4400 Schedule appointment online at: Career Centre Appointment - Goodwill (goodwillindustries.ca)
Goodwill Career Centre Chatham	Explore your career options, strengthen your résumé, prepare for job interviews, or look at education and skills training opportunities	300 Lacroix St Chatham	Virtual Services: Mon-Fri 8:30am - 4:30pm Drop-in Resource Centre: Mon-Fri 8:30 am – 4pm	519-354-4400 Schedule appointment online at: Career Centre Appointment - Goodwill (goodwillindustries.ca)
Lambton Kent District School Board – Adult Education	Free Training & Upgrading Digital Skills for Work Ages 19+ Skills for Success Ages 19+ Online or in person delivery	Chatham 230 Faubert Dr Wallaceburg 920 Elgin St Visit: Adult Education - Lambton Kent District School Board (lkdsb.net) Check website for hours of credit support in respective communities	Call, email, or visit the websites for available registrations Wallaceburg Hrs Tues -Thursday 9:30am – 2:30pm	519-354-6100 ext.5 or email Chatham.Upgrading@lkdsb.net Wallaceburg.Upgrading@lkdsb.net 519-627-7452
	Digital Skills upgrading for adults Email techniques; AI; Job Search; Online Safety; Microsoft Office	Chatham location 230 Faubert Dr Must Register by calling the Chatham office	Tuesdays & Wednesdays 9:30am-12:30 pm Starting April 29 th	Register at 519-354-6100 ext. 5
Lambton Kent District School Board/ St. Clair College School within a College (SWAC)	Earn secondary school credits and college delivered Dual Credits ; see the websites for eligibility criteria	St. Clair College Thames Campus Chatham	Follow the link for details	https://www.stclaircollege.ca/programs/swac

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Sainte Trinite Catholic High School	Continuing Education in French language to obtain your Grade 12 For those 18 + yrs.	Conseil Scolaire Catholique Providence – CK Satellite location Court	Contact for details Pain	519-355-1304 1-877-250-4877
South Essex Community Council	Employment and Training Resources available to Wheatley Area <ul style="list-style-type: none">Career Hub – employment supportLiteracy & Basic Skills - upgradingLanguage Training offered in class or one on one training with TESL certified instructorsSettlement Service Workers for permanent residents, convention refugees, refugee claimants, naturalized Canadians and temporary visitors	Monday – Friday 8:30 am – 4: 30 pm Saturday 8:30 am – 12:30 pm and Area	Contact for more information Wheatley	www.secc.on.ca info@secc.on.ca 519-326-8629
St. Clair College – (ACE) Academic & Career Entrance Upgrading	Free upgrading to college entrance in Mathematics, Communications, Sciences, computer skills, and self-management	Call the college for class hours and times		Deb Wilmott 519-354-9100 ext. 3586 A.C.E. (Academic & Career Entrance) St. Clair College

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FREE Resume printing is available at all 11 branches of the Chatham Kent Public Library – 10 resume copies per day
Speak to a library staff or a Community Navigator for assistance

FOOD RESOURCES

CHATHAM			
Free Little Pantries in Chatham	Take what you need and leave what you can for others - Food - Personal Hygiene Items	<ul style="list-style-type: none">• Christ Church (beside bus depot)• 15 Orchard Height ; 35 Oxley Drive• Corner of Victoria & Grand Avenue• BME Freedom Park• 20 Sandys St. outside the Women’s Centre• 102 Taylor Ave• 50 Adelaide St (inside Family Service Kent)• Tepperman’s Parking lot• Chatham Hope Haven <i>*not filled by FreeHelpCK</i>• 805 Grand Ave W• <u>450 Park Ave pantry</u> - <i>Closed until further notice</i>	24 hours a day / 7 days a week As available Follow FreeHelpCK on FaceBook 519-784-7857 (24/7) 519-990-5178 (Geri) 226-494-0159(office) freehelpck@gmail.com
Blessed Sacrament/ St. Agnes	Food Vouchers Blessed Sacrament Church Food Vouchers- issued every 3 months per person/household to those living north of the Thames River Soup Kitchen / Bagged Lunch	145 Victoria Ave Chatham Issued from the side door 145 Victoria Ave	519-352-9483

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		Thursdays 1 – 2:30 pm	
		Thursday 11 – 12	
Campbell AME Church	Soup Kitchen	20 Prince St Chatham	519-358-1219 campbellAMEchatham@gmail.com
Christ Church	Bagged lunch	Wednesdays 11:30am - 12:30pm 80 Wellington St W Chatham Mondays 11:30-12:15 pm	519-352-1640 churchoffice@christchurchchatham.ca
Emmanuel Baptist Church	Hot Meals Monthly	100 McNaughton Ave Sundays 4 – 5 pm June 22, Sept 21 Oct 19, Nov 16 and Dec 7 No meals in July and August	519-351-2112
Service Kent meals \$ 8.00 in price	Frozen Meals ranging from \$3.50 – Family	Curbside pickup or delivery in Chatham - Kent Call Family Service Kent	519-354-6221 ext. 236
First Presbyterian Church Breakfast	Eat IN Breakfast Program	60 Fifth St Chatham	Saturdays 9:30 am - 11 am 519-352-2313 office@firstchatham.org

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Free Help CK	Meals for seniors Delivered-must call See Senior section below for arrangements		Monday & Thursday delivery 11am – 2pm	24/7 519-784-7857 Geri 519-990-5178 Office 226-494-0159 freehelpck@gmail.com
Free Help CK The Community Table	Free Community Dinner	St. Paul's Congregational Church 450 Park Ave W Chatham	4 th Thursday of each month 5:30 pm – 6:30 pm	Office 226-494-0159 freehelpck@gmail.com
Holy Trinity St. Paul's Anglican Church	Food Vouchers When participants are issued a voucher, they are provided with a date when they can 81 Selkirk St return for the next one – generally 2 months Chatham Program to resume Jan. 7 th , 2025, at normal hours		2 nd and 4 th Tuesday of the month 9 am – 10:30 am	519- 354-1072 holytrinity.stpauls@gmail.com
Hope Haven	Lunch meal, laundry, clothing Food bank – Monday	183 Wellington St Chatham	Daily 10 am - 2 pm (Lunch) Little Free Pantry/ Food bank - Monday only 12-2pm	519-351-4010 chathamhopehaven@gmail.com
Interfaith Caring Kitchen St Ursula Church	Dine in; Take out; Drive up	St Ursula Church 205 Tweedsmuir W Chatham	2 nd & 4 th Wednesday of Month 4:30 pm	519-352-8530 stursula@dol.ca
Meals on Wheels	Offers hot nutritious meal delivery to Chatham, Blenheim Dresden, Ridgetown and surrounding areas	Call to determine delivery locations and prices	Monday, Wednesday & Fridays	Barb Noorenberghe 519-351-6325 info@mealsonwheelsck.com
NeighbourLink Food and Grocery Delivery	Will deliver food from Outreach for Hunger food bank to those who have no means of travel & struggle with food insecurity Also have volunteers who will shop and/or pick up groceries for people who are housebound		Call to arrange services	519-352-5647 www.neighbourlinkck.com

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NeighbourLink – Street Frenz	Weekly delivery of sandwiches to those living unhoused	Contact NeighbourLink to arrange services	Deliveries – Thursday Afternoons weekly 4 – 7 pm	519-352-5647 www.neighbourlinkck.com
Outreach for Hunger	Food Distribution Bring ID	10 Wellington St Chatham	Mon, Wed, Fri 11 am – 3:00 pm	Office Hrs. 8am-4pm 519-351-8381 bjl@ciaccess.com
Praise Fellowship Church	Soup Kitchen Take out only Free clothing available	165 Park Ave E Chatham	Tuesdays 11 am - 12pm	519-351-0066 mail@pfchurch.com
Salvation Army Chatham	Appointments needed for food bank *Bring ID & proof of address	460 Orangewood Blvd Chatham	Monday to Friday 9 am – 12 noon ; 1 pm – 3:30 pm	519-354-8353
Spirit & Life Centre St. Joseph /St. Ursula	Bagged Lunch Pantry ID Required	184 Wellington St Chatham	Fridays 11 am (doors open at 10:30) Bagged lunches not available on Fridays of long weekends Pantry Friday 11:30 – 1:30pm	519-352-8530 stjoseph@dol.ca
St. Paul-Victoria Ave United Church	Food Shopping Cards -only issued every 60 days with personal ID Pantry available weekly to everyone	85 William Street St Chatham	Wednesday 9:00am –10:30am Reminder: Food Shopping Cards issued once Every 2 months (or every 60 days) with ID Pantry available to everyone weekly	office@standrewschatham.org 519-354-7540

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WALLACEBURG		Follow Wallaceburg Community Free Meals & Pantries on FaceBook for the most up to date news on Free Meal programs		
Bethel Church	Eat In Only Supper	35 McNaughton Ave Wallaceburg	4th Tuesday of the Month 5 pm	519-627-6413 office@bethelwallaceburg.com
First Baptist Church Helping Hands	Eat In Supper	99 Thomas Ave Wallaceburg	3 rd Saturday of the month 5:00pm	519-627-6414 info@1stbaptist.ca
Knox Presbyterian Church	Soup Cellar Lunch Eat In Only	251 Duncan St Wallaceburg	Every Wednesday 11:30 am – 12:30 pm	519-627-4367 knox251@hotmail.com
	Food Pantry (bring own bags)	251 Duncan St Wallaceburg	Thursdays 10:30 – 11:30am	
Mom’s Baby Cupboard	diapers, baby food etc. Services Wallaceburg and surrounding areas only	St. James Anglican Church 719 James St Wallaceburg	2 nd Thursday each month 10:00 am – 12:00 pm	519-627-1302 stjameswallaceburg@diohuron.org
Our Lady Help of Christians Church	Eat in only supper	422 Elgin St Wallaceburg	2nd Saturday of month Doors open at 4:30pm	519-627-2013 cthompson@dol.ca
R.O.C.K. Missions	Full meal resource	233 Nelson St Wallaceburg	Monday, Tuesday Thursday, Friday 1 – 5 pm Drop In closed Wednesday	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163 www.reachoutck.com
St. Vincent de Paul	Food Assistance by Appointment Only	422 Elgin St Wallaceburg	Monday, Wednesday & Friday	Call For Appointment 519-627-2013 Ext 3

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Salvation Army Food Bank	Appointments only *Bring ID and proof of address	600 Lowe Ave Wallaceburg	Call for appointment Tuesday – Friday	519-627-8257
Trinity United Church	Eat In only supper	750 Wellington St Wallaceburg	4 th Friday of the month 5:00 pm	519-627-1472 trinitywallaceburg@gmail.com
Wallaceburg Christian Reformed Church	Eat-in Supper	150 Bruinsma Ave Wallaceburg	3rd Tuesday of the month 5:00pm	519-627-7845 wallaceburg_crc@hotmail.com
Wallaceburg Free Pantries	Personal and Food items	Library Park- James St No Frills – Warwick Drive		

BLENHEIM				
Blenheim Word of Life Church	Meal pick-up (call to order) Delivery of meals to seniors/shut-ins(call to order) *Outdoor winter clothing closet available & accepts donations	22 Talbot St W Blenheim Curbside pickup only	Wednesday and Friday 10 am – 12 noon	Call the church at 519-676-8036 to place your order
Salvation Army Blenheim	Walk in for services and food bank *Bring ID & Proof of address	Baptist Church 24 Talbot St in the basement Blenheim	Wednesday & Thursday 1 – 4 pm	519-676-3886
DRESDEN				

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Dresden Food Bank	Food and personal items	Dresden Community Church	Tues & Thurs 10am - 12 noon Call for appointment	519-683-6541 dcc@kent.net
North Dresden Baptist Church Free Pantry	Free Pantry – filled by FreeHelpCK Community Closet Community Meal	North Baptist Church 182 Trerice St W Dresden	Community Closet Tues & Thurs 11 am – 3 pm Friday 4pm – 8pm Third Saturday of month 10am-12 noon Community Meal last Wednesday of every month @ 5:30 pm	519-683-4892 Follow Dresden North Baptist Church on Facebook
MERLIN				
Merlin Food Bank	Food and personal items	100 Aberdeen (Merlin United Church) Merlin	Fridays 10am – 12 noon	For additional help call Phyllis at 519-350-2219
RIDGETOWN				
Little Free Pantry – filled by FreeHelpCK	Food and Personal item	75 Main St East Ridgetown Legion	24/7	
Salvation Army Ridgetown	Walk in for food bank *Bring ID & Proof of address	18 Main St – moving across the street in mid June 2025	Tuesday 9am – 4 pm Wednesday 9am – 12 noon	519-354-8353

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St. Michael's Parish/St. Vincent De Paul	Food Vouchers issued by St. Vincent de Paul	St. Michael's Parish Serves Ridgetown, Thamesville, Highgate & Morpeth communities	Daily Monday – Friday Must call ahead to determine availability of vouchers	519-674-3343 Calls only, no drop-ins
THAMESVILLE				
Thamesville United Church	At the Table – free community meal & Free Pantry filled by the church	107 Elizabeth St Thamesville	Last Tuesday of the month Closed in the summer months	Rhonda McLean 519-692-4827
TILBURY				
Ashley's Place	Free soup and coffee or hot chocolate	75 Queen St. Tilbury	Saturday 11am -1:00pm	226-798-4592 (CK area) Get Away and Experience Paradise at Ashley's Place Inc. Facebook
Tilbury Little Free Pantry		151 Queen St S CSN Apex Autogroup property	24/7	As available Follow FreeHelpCK on FaceBook 226-494-0159(office) freehelpck@gmail.com
United Way's Tilbury Information and H.E.L.P Centre	Food Bank	26 Queen St Tilbury	Monday – Wednesday 9am – 3:pm Thursday, Friday 9am – 3pm. Closed 12 - 12:30 pm daily	519-354-0430 Call for Appointment
WHEATLEY				
Wheatley Area Food Bank	A pay-it-forward initiative open to the community to purchase basic pantry items and fresh produce at affordable prices. All proceeds are used to provide food assistance to our neighbours who are currently experiencing food insecurity	108 Talbot Road E PO Box 99 Wheatley	Mon, Wed. Thurs, Fri 9am – 5pm Tues 9am – 8pm; Sat 10am – 2pm To request food assistance:	Susan Fulmer www.wheatleyareafoodbank.ca Cell - (519) 300-4101
South Essex Community Council	Meals on Wheels Cost applies -call for rates	Serving Wheatley Area in partnership with Green Heart Kitchen	Monday – Friday 8:30am – 4:30 pm	www.secc.on.ca info@secc.on.ca 519-326-8629

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GOVERNMENT SERVICES				
Community Navigators	Assists with filling out paper or online forms; information search; referrals to community agencies; basic income tax filing; resume and light touch job search support; referrals to employment programs	CALL to book an appointment Drop-In appointments are not guaranteed	Chatham Library – times may vary Monday to Friday 10am-4pm Call 519-355-1380 Wallaceburg Library – times may vary 8am to book an appointment – 4pm Monday, Wednesday, & Friday 10am-4pm In-person appointments available at other library branches upon request	ckcn@chatham-kent.ca
Employment and Social Services	Program delivers income support (OW), homelessness, and employment services by helping eligible people with funds for shelter, food, and other necessities	435 Grand Ave West 1 st Floor Chatham	Monday - Friday 8:30am – 4:30pm	519-351-8573
Ontario Disability Support Program	Program provides income support to CK residents with a disability *If in immediate financial need, application process to be initiated through the CK OW office (above) **If not in immediate financial need, the application can be made at the ODSP office	1023 Richmond St Chatham	Monday - Friday 8:30am – 5 pm	519-352-5040 FAX – 519-352-2813
Service Canada	Social Insurance Number; Canada Pension Plan; Old Age Security; Employment Insurance	120 Wellington St Chatham 786 Dufferin Ave 2 nd Floor Wallaceburg	Monday - Friday 8:30am - 4pm servicecanada.ca	Link to request return phone call: Online Service Request 1-800-622-6232

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<div>Service Ontario Health Cards; Photo ID Cards; online Birth Certificate applications (credit card needed to apply online); online license/health card renewal support.</div> <div>HEALTH CARD – if your name or address has not changed – YOU can replace an UNEXPIRED lost, stolen, or damaged photo</div> <div>health card by calling Service Ontario at 1-800-664 -8988</div>	Chatham 315 King St W CK Civic Centre	Monday - Friday 8:30am-4:30 pm (Chatham Location)	
	Dresden 485 George St	Monday to Friday 8:30am to 1:30pm 2:00pm to 4:30pm (Dresden Location)	519-683-4268 Same number for both Chatham and Dresden No appointment needed but recommended.
	Wallaceburg	Monday to Friday	

<div>Book an appointment online Online Services visit Book a ServiceOntario appointment ontario.ca ServiceOntario ontario.ca</div>	1239 Dufferin	9 am – 5 pm (Wallaceburg)	519–627-2881
	Tilbury 52 Queen St	Mon – Fri 9 am- 5 pm (Tilbury)	519-682-2642
	Blenheim 45 James St	Mon – Fri 9am – 5 pm (Blenheim)	519-676-5804

HEALTH, WELLNESS AND SUPPORTS

SUBSTANCE USE SUPPORT PROGRAMS

Connex Ontario – Info about mental health, substance use & problem gambling services in Ontario 1-866-531-2600 SUBSTANCE			
USE	Addictions and Mental Health support 24/7	CALL 811 or 1 -866-797-0000 to speak to a registered nurse	
CRISIS LINES	House of Sophrosyne 519-2522711 ext. 5		
	Westover Addiction Assistance - Crisis Intervention / <u>emergency transportation</u> Counsellors available 24 hrs/7days at 1-800-721-3232		

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Alcohol Anonymous		AA 519-360-5246	
from substance use	CK	Provide group support for those who are recovering	Daily meetings AA Chatham-Kent - District 15: Meetings
	Call for details	Various Locations Across	at various locations
NA 1-888-811-3887 Narcotic Anonymous		https://www.orscna.org/meetings	
Changing Ways	Being the Change-Voluntary Men's Program for men 18+ who have identified as using abuse or unhealthy behaviors with their partners	ZOOM delivery	Contact Changing Ways to register @ 519-438-9869 to schedule an intake
Chatham-Kent		16-week program	
Chatham Kent Drug Awareness Council	Work with Community Partners to create awareness and strategies that help tackle substance misuse	Located at Family Service Kent Chatham	Chatham-Kent Drug Awareness Council Chatham ON Facebook
	Aims to create supportive environments that promote health and safety using The Four Pillar approach Prevention, Enforcement, Treatment and Harm Reduction	Contact for further information	519-354-6221 ext. 241 admin@ckdac.ca
Recover Out Loud	Subcommittee of Drug Awareness Council- provides a voice to create change, reduce stigma & support Facebook	Recover Out Loud Chatham-Kent 	recovery recoverycommittee30@gmail.com
House of Sophrosyne	Treats women with substance use disorders and associated mental health conditions; supports their	treatment	Virtual and In-Person C-K Caring Connections Caseworker/Outreach Worker
	families to achieve health, wellness & empowerment In-House 5-week treatment program for women	Support Group;	Residential Service; Open Chatham 226-627-0621 Mother/Father in recovery
		House of Sophrosyne Chatham 226-627-0621	

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	Offers multiple community programs for families; outpatient treatment; transitional care; continuing care; crisis counselling; education services; supportive housing	program; Phoenix Rising Relapse Prevention/Aftercare Group for Women Services available in Chatham, Sarnia, and Windsor	Supportive Housing Caseworker Chatham 519-365-0614	Sarnia 519-328-1683	
			Justice Caseworker – Essex and some Chatham clients 226-340-4908	Windsor 226-347-3957	
Journeys Recovery Home	3-month residential recovery program for men 18 years and older, intake after detoxification	20 Joseph Street Chatham	Call for further details and programs	226-506-4984	226-626-6684
Methadone Bluewater Methadone Clinics	Low Barrier access for those seeking treatment and support	69 Grand Ave, Chatham 1430 Dufferin Ave Wallaceburg		519-351-5800	
				519-627-5800	
Mental Health & Addiction Program - MHAP	Addiction Therapy – max. of 12 sessions	Chatham Kent Health Alliance 80 Grand Ave W Chatham		Call for information 519-352-6400 x 6740	
RAAM Clinic - Chatham Rapid Access to Addiction Medicine at CKHA	Rapid Access to Addiction Medicine; brief counseling; physical health assessment; Naloxone kits	Chatham Kent Health Alliance 80 Grand Ave W Chatham	Monday, Wednesday, Friday 12 pm - 4 pm Thursday by Apt. only	519-352-6400 x 6740	

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RAAM Clinic-Wallaceburg	Rapid Access to Addiction Medicine	325 Margaret Ave, Wallaceburg, ON (Room 102)	Tuesdays 12:00pm-4:00pm	Clinic can be reached directly during hours of operation at 519-352-6400 extension 8311
Redpath Addictions Treatment Program	Aboriginal Holistic approach to healing and selfwellness addressing physical, emotional, psychological, and spiritual aspects Ages 18 +	Group is hosted at Family Service Kent 50 Adelaide S Chatham	Registration Required	Contact: Nicole Moreland nicolemoreland.redpath@gmail.com or call 519-436-1624
R.O.C.K. Missions	Largest distributor of harm reductions supplies/Naloxone Confidential drop off location for harm reduction supplies	Chatham 39 Richmond St Wallaceburg 233 Nelson St	Contact for days/times	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163 www.reachoutck.com
Pozitive Pathways Mobilization Unit	Harm Reduction Mobilization & Education Needle Syringe Program – provides harm reduction education and distribution of supplies Delivers to Chatham every Friday from 11 am – 3 pm Orders must be placed by Wednesday	CK Public Health 177 King St Chatham Mon – Fri. 8:30 am -4 pm Chatham-Kent Community Health Centre 808 Dufferin Ave, Wallaceburg Mon, Tues, Thurs, Fri 9 am - 4:30 Wed 9 am – 8 pm	McIntyre ID Pharmacy 49 Talbot St, Blenheim Mon – Fri 9 am- 6 pm Saturday 9 am – 3 pm	519-257-9646 or email: harmreduction@pozpathways.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Smoker’s Helpline	Indigenous-specific service for tobacco cessation assistance	ONLINE	https://smokershelpline.ca/talktobacco/about	Smoker’s Helpline Referral Form
STOP Program Smoking Cessation counselling Chatham Kent Public Health	Counselling and free nicotine replacement therapy for those who do not have a primary care provide Two Models available in person 26 weeks or Mail-out 8-week program	In person program 435 Grand Ave, Chatham by appointment only To learn more and to see if you qualify, visit https://ckphu.com/ckstopp/program/	CKSmokeFree@chatham-kent.ca Call for in-person programs in other communities of CK	For questions or other information call 519-352-7270 x2488 or email
Walpole Island Community Services	Treatment of various addictions	1604 River Rd. Walpole Island		Call for more information 519-627-6163
Westover Treatment Centre	Treatment programs tailored to achieve results; Residential and community-programs; client-centred & family-programming	2 Victoria St S lasting Thamesville based focused	Services in Chatham-Kent, SarniaLambton, and Windsor-Essex and open to all residents of Ontario	519-692-5110 1-800-721-3232 westovertreatmentcentre.ca
Withdrawal Management Services (WMS)	10 bed inpatient program 3–7-day stays	Chatham Kent Health Alliance 80 Grand Ave W Chatham		519-352-6400 x 6740

CHILD AND YOUTH SUPPORT PROGAMS

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Child and Youth (Age 6-18yr) 24/7 Crisis Support for mental health, behavioral or emotional crisis Humana crisis line 519-354-4095	
Kids Crisis Help Line 24 hours a day 7 days a week 1-800-668-6868	
Child & Youth Crisis Lines	Good 2 Talk (Ontario Students in College/University) 1-866-925-5454
	Be Safe App – Be Safe App – besafeapp.ca virtual tool used to connect users with the mental health resources that best suits their needs
	Youth Wellness Hub Crisis Support 1-866-299-7447
Chatham Kent Community 212	<div><div><div>For more information and Registration</div><div>Chatham – April 24th Wallaceburg – May 21st</div></div><div>Call 519-397-5455 x</div></div>
<div><div>FRESH! For Youth</div><div>Heath Centre & CK Fire & Ages 9 Free Cooking Class at your local Fire Station– 12 yr.</div><div>Blenheim – June 19th Tilbury – July 3rdth Limited Spaces Available</div></div>	
Rescue	Erieau – July 17
EarlyON centres are spaces to learn, play and grow together, for children 0-6 years and their caregivers.	
Chatham Kent EarlyON Child & Family Centres	<div>They support the healthy development of young children, Various locations including: Check website for details: within safe and welcoming environments. Blenheim, Bothwell, Chatham, Chatham-Kent EarlyON Centres</div>
<div>Dresden, Highgate, Pain Court,</div> <div>They support community connections and culturally Ridgetown, Thamesville, Tilbury, Wallaceburg, Or call: Call or check website for responsive programming with our Francophone and Wheatley 1-866-720-7975 monthly program information Indigenous partners.</div>	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham Kent Community & Family- Safe Families	Parenting Support, Community, Mentoring, Hosting, Resources, and community referrals	Safefamilies.ca	Call: 519-809-3031 chatham@safefamilies.ca
Chatham-Kent Public Health Healthy Babies Healthy Children	<p>If you are pregnant or if your family has young children (0-5 years old), Healthy Babies Healthy Children is a program that can help your family learn about:</p> <ul style="list-style-type: none">• Having a healthy pregnancy and birth• Connecting with your baby• How you can help your child grow and develop• Breastfeeding, food, and healthy nutrition• Taking care of yourself and your family• Services available for you and your child in your community• Private parenting classes 1 on 1 with a Public Health Nurse in your home (free) using Nobody's Perfect and First 5 years content. Certificate of completion provided	Free, voluntary, home visiting program	Call to speak to a Public Health Nurse Monday to Friday 8:30 to 4:30p.m. to ask any questions or to sign-up for the HBHC program call 519-352-7270 ext. 2903
Chatham-Kent Public Health Free Breastfeeding Classes and Support from Lactation Consultants	If you are pregnant and would like to learn about breastfeeding and/or prenatal hand expression C-K Public Health offers in person classes 4 times per year. (transportation assistance provided if required) Our lactation consultants work with women in Chatham-Kent to support your breastfeeding goals.	Free breastfeeding in-person appointments with Lactation Consultants (home visits available)	To sign-up for a breastfeeding class or to book an appointment with a Lactation Consultant call 519-352-7270 ext. 2903
Chatham-Kent Public Health One Day at A Time	A 16-week support group for women with prenatal or postpartum anxiety or depression with children under 1 year of age	Free 16-week support group for prenatal or postpartum anxiety or depression	To sign-up, call: 519-352-7270 ext. 2903
Chatham-Kent Public Health Building Healthy Babies	<p>Reduce the risks of an unhealthy birth weight Get support with breast feeding Zoom session or drop-in sessions Increase health for mom & baby available at Chatham locations</p>	Contact Chatham-Kent Public Health Unit	519-352-7270 ext. 2494 Facebook BHB in CK

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham-Kent Youth Wellness Hub (YWHO)	<p>Ages 12 – 25 yrs. Mental health and substance use services</p> <p>integrated with a range of other youth services. The West following services are offered at the Chatham-Kent</p> <ul style="list-style-type: none">• Care Navigation ; Family Navigation• Youth Addictions Support• Early Intervention Services• Youth Psychotherapy• Psychiatry• Primary Health Care• Drop-in	140 King Street Chatham hub:	Monday, Thursday, Friday 8:30am to 5pm Tuesday, Wednesday 8:30am to 7pm	Phone: 519-437-6329 Email: ck@youthhubs.ca 519-437-6329 Chatham-Kent - Youth Wellness Hubs Ontario (youthhubs.ca)
Chatham-Kent Youth Wellness Hub (YWHO) Continued....	<ul style="list-style-type: none">• Single Session Counselling• Skills and Well-being Groups• Connections to our community partners <p>and additional supports, groups, and programming, available as needed Learn more about the Chatham-Kent hub through their social media channels: Instagram: @ckyouthhub Facebook: @ckyouthhub Twitter: @ckyouthhub</p> <p>Call for updated Monthly programs</p>			
Children’s Treatment Centre of Chatham Kent	<p>Speech/language pathology. occupational & physiotherapy services for child and youth. audiology services for all ages CK Fetal Alcohol Spectrum Disorder Supports, Co-ordinated service planning supports, ON Autism Program, Adapted Rec programs</p>	355 Lark St Chatham	Monday & Thursday 8 am-5 pm Tuesday & Wednesday 8am-6 pm Friday 8am – 4pm	519-354-0520

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Children’s Treatment Centre SmartStart Hub	Service for parents/caregivers who have concerns around their child/youth development Ages - birth to 19yr (or 21 for youth in school)	355 Lark St Chatham	Monday & Thursday 8 am-5 pm Tuesday & Wednesday 8am-6 pm Friday 8am – 4pm	519-354-0520
Community Living Chatham-Kent Children’s Respite Service	Provides out-of-home respite for children and youth who have diverse abilities and live at home with their family. Service is provided in a home-like setting. Focus on recreation and leisure-based activities. This is a fee-for-service program.			www.clc-k.ca Contact 519-351-2156 for more information or application for service
CK Youth Social	A thriving youth group offered in a safe, welcoming space	495 Grand Ave. West Chatham	Drop-in Tuesday & Thursday 2:45 – 6:00pm at the Linck cafeteria	yfec@linck.org
	A drop-in space that supports youth with social skills, recreation, and learning life skills.	920 Elgin St Wallaceburg High School Wallaceburg	Monday & Wednesday at Wallaceburg District Secondary School	Click link below for accurate hours Youth Engagement & Supports - Linck
Humana Community Services	Community Counselling Chatham-Kent Program for Children, Youth and Families Offers flexible, trauma-informed and individualized supports and services for children and youth Ages 6 – 18 who are experiencing emotional and/or behavioural difficulties or complex challenges including: Goalfocused short-term counselling; Brief 1:1 parent support; Advocacy support; Referrals to community service; and Services tailored to the individual’s/family’s needs	103-405 Riverview Dr Chatham	Mon– Fri 8 am – 4 pm Call for more information or to book an appointment	Cindy Crow: 519-401-2945 About — Humana Community Services (humanacs.org) Child & Youth Mental Health 24/7 crisis line 519-354-4095

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Linck - Child Youth and Family Supports	Provides mental health, developmental and child welfare services to children aged 0-18 and their families across Chatham Kent	495 Grand Ave, Chatham	Monday – Friday 8:30 – 4:30 PM Appointment Only after 4:30 pm	519 352-0440 www.linck.org
Restorative Justice Chatham-Kent	Provides pathway support for youth in Chatham-Kent including: <ul style="list-style-type: none">• Intervention & Education Program – referrals accepted by anyone referred with family/youth permission (7-17 yr.)• Youth Justice Diversion Programs• Extrajudicial Measures Program (Pre-Charge Diversion, police referred)• Extrajudicial Sanctions Program (Post-Charge Diversion, Crown Attorney referred)• Restorative Justice Community Conferencing (Community referrals) Ages 12 – 17 yr.	25 Creek Rd. Chatham	Monday - Friday 8:30 am-4:30 pm	519-380-0931 www.rjck.org Email: info@rjck.org
Ska:na Family Learning Center	Indigenous-Led Family Programs EarlyON; Family Time stay & play; special activities	25 th Eighth Street Chatham	Monday – Friday 9am – 5 pm Childcare hrs 7am – 5:30 pm	Office Hrs Call for various program times and dates 519-351-8785 Ska:na FLC on Facebook.
UnBound Book Club	For those who may feel bound by a lack of accessibility; for young adults 18+ living with disabilities & their allies	Turns & Tales Bookstore 213 King St Chatham	7 pm – 9 pm October 23, November 20, & Dec 18, 2024	For more information call or text Erin at 226-626-6585 or email erin.genge@gmail.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

VON Kids Circle Program	Support group for children ages 4 – 18 years who are faced with bereavement or coping with a loved one’s illness	Kids’ Circle Program Coordinator 425 McNaughton Ave West Chatham Chatham Kent VON	Call for times available	519-354-0430 ext. 291
VON Banana Split Program	8-week program for children Ages 5 – 9 yrs. whose parents are recently separated or divorced	425 McNaughton Ave W Chatham	Monday 4:30 – 6 pm	519-354-0430 ext. 291 Erin.crow@von.ca
Youth Centre – Blenheim Youth Centre	Provide youth 10-18 with after school & summer programming Develop and strengthen their social and emotional skills	78 Marlborough St S, Blenheim, ON	Visit https://blenheimyouthcentre.ca/ for regular updates and program hours	519-676-0207 info@blenheimyouthcentre.ca
Youth Centre – Tilbury Solid Rock Café Youth Centre	Provide youth 10-18 with a safe and enjoyable environment and programming, in which they can grow into positive, productive, and motivated adults	26 Queen St N Tilbury, ON	Drop-in Tues / Thurs 5:30 – 9p.m. Follow them on FaceBook for regular updates and program hours	(519) 354-0430 x2 (519) 682-0625 info@tilburysolidrockcafe.ca

DENTAL CARE HEALTH & SUPPORT PROGRAMS

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CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Canadian Dental Care Plan can apply at Canadian Dental Care Plan - Apply - Canada.ca	Plan designed to help ease the financial barriers to accessing oral health care for eligible Canadian residents. Applications will open in phases: Find out when you	If you need help applying Call 1-833-537-4342 Mon. – Fri 8:30am-4:30pm OR, Call a Community Navigator 519-355-1380 to book an appointment to help you apply	Effective May 29 th available to all ages who meet the eligibility criteria	Application is only available to apply if you are in the eligibility stage of the implementation process (online applications only) Canadian Dental Care Plan - Apply - Canada.ca
	Find out if you qualify at: Canadian Dental Care Plan - Do you qualify - Canada.ca			

Dental Clinics /programs Chatham Kent Public Health	Healthy Smiles –Youth 17 years and under Healthy Smiles Ontario CK Public Health (ckphu.com)	519 King St West Chatham	Monday-Friday 8:30am-4:30pm	519-355-1071 ext. 5700 OR Call Community Navigator at 519-355-1380 for information and application assistance
	Ontario Senior Dental Care Program 65 years+ Call to determine eligibility Oral Health for Seniors CK Public Health (ckphu.com)			

DROP IN & WELLNESS AND SUPPORT PROGRAMS

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

SEVERE WEATHER WARNINGS	SUMMER COOLING CENTRES WINTER or SEVERE WEATHER CENTRES	Chatham Hope Haven 183 Wellington St. Chatham every day from 10 am - 2 pm.			
		ROCK Missions 233 Nelson St. Wallaceburg Monday to Friday from 1:00 pm to 5:00 pm.			
		Municipality of Chatham-Kent offices Blenheim, Chatham, Ridgetown, Tilbury, and Wallaceburg open Monday to Friday from 8:30 am – 4:30 pm. Call 311 or visit https://www.chathamkent.ca/services/Pages/Contact-Us.aspx			
		Employment and Social Services 1 st floor of the Health and Human Services Building at 435 Grand Ave. West, Chatham Monday to Friday from 8:30am – 4:30 pm.			
		Chatham-Kent Public Libraries (all locations) will be available during their regular hours. Their locations and hours can be found at https://www.chatham-kent.ca/library/usingthelibrary/branches/Pages/Branch-Information.aspx			
Dudes Club Chatham-Kent Men’s Wellness Program	Dudes Club supports Indigenous and non-indigenous men in C-K through a holistic wellness program including weekly gatherings, talking circles, job readiness initiatives, and reintegration support	Chatham	67 Adelaide St times and hours	Donald Turner, Director Call or email for specific program donald@dudesclub.ca 519-397-1901	
Hope Haven	Drop in, shower, lunch, laundry, clothing, computer & phone use, social/fellowship/peer support	183 Wellington St. W, Chatham	Monday – Sunday 10 am - 2 pm	519-351-4010	
R.O.C.K. Missions Wallaceburg Drop-In Centre	A place for fellowship and socialization, meals, coffee/tea, and conversation with peers Peer 2 Peer Program	233 Nelson Street Wallaceburg	Thursday & Friday 1pm – 5pm CLOSED Wednesday to provide	Monday, Tuesday ck@reachoutck.com 226-626-8996 www.reachoutck.com community outreach	
R.O.C.K. Missions Chatham Drop In	Homeless Outreach & harm reduction supplies Drop-in Centre Wednesday ONLY Pathways 2 Care Clinic ; Street Health Team from	39 Richmond Street, Chatham	Wednesday 1 - 4pm	ck@reachoutck.com 519-351-1450 Cell: 226-627-6163	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Windsor will be available		www.reachoutck.com	
LGBTQ2SIA+COMMUNITY WELLNESS AND SUPPORT PROGRAMS			
2SLGBTQUA+COMMUNITY Lesbian Gay Bi Trans Youth Line Sunday – Friday 4 pm -9:30pm 1-800-268-9688 or text 647-694-4275 or email: outreach@youthline.ca CRISIS LINES			
Trans Lifeline 1-877-330-6360 Trans Lifeline – Peer support services, hotline and resources for Transgender People			
Bill’s Place	Community Hub and office space for CK Pride. A safe space for & run by the 2SLGBTQIA+ community.	48 Centre Street, Chatham Events for June 2025 - CK Pride	Visit the website for information and calendar of events info@ckpride.com
Chatham Kent Gay Pride Association	Create an inclusive community in CK where everyone is empowered to engaged in a culture that is safe and accessible irrespective of their sex, gender, or sexual	Visit their website for further information	CK Pride identity

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham Kent Community Health Centre	Offered to Adults, Youth, and Children			Adult Gender Diversity Clinic 519-397-5455 ext. 1
Gender Diversity Clinics	Follow link for further details Gender Diversity Clinics - Chatham-Kent Community Health Centres (ckchc.ca)			Youth Gender Diversity Clinic 519-397-5455 ext. 164
Trans Wellness Ontario	Goal to enhance and sustain the health and wellness	Visit their website for further information Trans Wellness Ontario	of 2SLGBTQIA+ communities and their families	

MEDICAL HEALTH CLINICS, SUPPORTS & PROGRAMS

BRIDGE CARE Chatham-Kent Family Health Team	Available ONLY for those who do not have a Primary Care Provider – Family doctor or Nurse Practitioner Walk in Service – first come, first serve basis Weekend Clinic staffed by family physicians	20 Emma Street 2 nd Fl Chatham	Saturday & Sunday ONLY 9am – 4pm	Walk IN only Bridge Care – Chatham-Kent Ontario Health Team (ckoht.ca)
Chatham-Kent Family Health Team	Groups sessions available including Cognitive Behavior Therapy; Healthy You; Living Well with Chronic Conditions; Master Your Health	20 Emma Street Chatham Programs / Services (ckfht.ca)		Call 519-354-2172 ext. 3 for more information www.ckfht.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham-Kent Hospice	Offers end of life care for families in Chatham Kent	34 Wellington St. Chatham		Call the hospice Navigator at 519-354-3113 ext. 2101 www.chathamkenthospice.com
Chatham Kent Community Health Centres	Serve persons of all ages who are economically and/or socially disadvantaged ; Persons facing barriers such as race, language, culture, and sexual orientation; Persons who are homeless/under-housed or at risk for homelessness. Check out the programs held in various locations across CK Programs & Services - Chatham-Kent Community Health Centres	150 Richmond St https://ckchc.ca/events/category/chatham-events/	Mon & Fri 9am-4pm; Tues, Wed, Thurs.9am-8pm	https://ckchc.ca/ Call for appointment & services 519-397-5455 Chatham: Press 1
		808 Dufferin Ave Wallaceburg https://ckchc.ca/events/category/wallaceburg-events/	Monday – Friday 9am-4:30pm	Wallaceburg: Press 2
		785 Tecumseh Rd. Walpole Island https://ckchc.ca/events/category/walpole-island-events/	Monday 9am-8pm Tues – Fri 9am-4:30pm	Walpole Island: Press 3

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Chatham Kent Community Health Centres First Five	Program provides preventative and health promotion services to children aged 0-5 who do not have a primary care doctor or nurse practitioner	https://ckchc.ca/programs-services/first-five/	Parents/caregivers can self-refer to the program by calling 519-397-5455 or completing the online form on our website
Connect My Health	Free digital tool that shows you all your health records from participating Southwestern ON hospitals	Visit the website to register	ConnectMyHealth Patient Portal: Access Your Health Records from Participating Southwest Ontario Hospitals
From Here to There Nurse Concierge -Chatham & Ridgetown locations	Medical walk-in clinic Call to book an appointment or book online; costs involved to book an appointment	100 King Street W Chatham 22 Main St Ridgetown inside Pharmasave	Monday-Friday 9:00 am - 5:00 pm Monday - Friday 9:30 am-4:00 pm 226-799-2603 1-855-884-6638 toll free https://fhtt.ca/3ca66-doctors-our-clinic/ 226-798-4415 or book online at https://fhtt.as.me/ridgetown
Health Care Connect Program	If you do not have a family doctor, call to get registered with Health Care Connect. They will then help you to get the medical healthcare you need	Call to Register	Marianne McFadden 519-436-7293 ext. 7293
125 Keil Drive Medical Clinic	Healthcare Consults and Treatment Visit the link to book appointment: hq3.ca/Cha/Public/Appointments/Default.aspx	125 Keil Drive Chatham	Monday – Friday 9am – 6pm Saturday 9am – 3 pm Sunday 11am – 3pm E: 125 keildriveclinic@gmail.com P: 519-397-0730

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Medical Drug Program Greenshield Cares Essential Medicines Program	Eligibility: Resides in Ontario; Employed; Ages 25 – 64; No access to private or public drug coverage; meet low-income eligibility Covers up to \$1000 per 12 months	Essential Medicines Program GreenShield Cares Visit to determine Eligibility:	Call 1 888 348 5188 essentialmedicines@greenshield.ca
MD Connected Walk IN Clinic Virtual & Medical Appointments		180 McNaughton Ave, Unit 2 Chatham Superstore 791 St. Clair St Chatham	Mon – Fri 10am-2pm at both locations 1-877-406-9362 toll free
MOBILE CARE CLINIC ON WHEELS Community Health Outreach	All Walk-in Service NO FEES Mental Health & Addictions Withdrawal Services Walk-in service Community Referrals Primary Care		Click link for locations: https://ck.mobilecareclinic.ca/#locations Hours vary per locations. Check link to determine locations and specific times of service MobileCare Chatham-Kent – Clinic on Wheels (mobilecareclinic.ca) 1-866-299-7447 Answered 24/7
Sexual Health Clinic Chatham-Kent Public Health	Birth control; emergency contraception pill; free pregnancy testing and counseling; testing and treatment of sexually transmitted infections; free condoms; HIV testing	177 King St East Chatham 808 Dufferin Ave Wallaceburg	Mon – Fri. 8:30 am- 4 pm Closed 12 – 1 pm Every Tuesday 2:00am – 4:00pm Walk – in 519-355-1071 ext. 5901 Call for assistance in other communities in Chatham-Kent
Southwest Ontario Aboriginal Health Access Centre SOAHAC	Primary care for anyone with a Band #; includes mental health & addictions care; traditional healing; Tele-mental health care for children and youth	Newbury ON Outreach services to Delaware Nation at Moraviantown	Mon – Fri. 8:30 am – 4:30 pm Call or register online at Newbury SOAHAC Locations 519-916-1755

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Thamesview Family Health Team Care Programs	Heart Buddies pre/post heart event/surgery supports		
	Healthy You Lifestyle Grp –Achieve better health through food choices and increased activity	Call for program details and to register	519-354-0070
	Master Your Mood – Cognitive Behavior Therapy		www.thamesviewfht.ca
	Hold Me Tight – Relationship/Couple conversations for	https://thamesviewfht.ca/ staging/programs/	connections
	After Support Group – for those affected by death by suicide		

Tilbury Walk in Clinic	Medical walknecessary -in clinic – no appointment 15Tilbury Mill St 519-682-3699	Mon, Tues 9amWed, Thurs, Fri 9am-noon-4pm		
Telehealth Ontario	Call for free confidential medical advice			1-866-797-0000
	Supports 110 languages	Phone call only	247 days/week hours /day	
				TTY: 1-866-797-0007
Windsor/Essex Community Health Centre	Program	Chronic Disease / Self Management Programs available virtually to directly for more information 1-855-259-3605 Visit website for more info	anyone across Ontario	Contact https://wechc.org/

MENTAL HEALTH & WELLNESS SUPPORTS & PROGRAMS

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

MENTAL HEALTH CRISIS LINES	Canadian Mental Health Association 1 st Response Crisis Line 24 / 7 1-866-299-7447 (Chatham-Kent) 1-800-307-4319 (Sarnia-Lambton)Connex Ontario - Information about mental health, addictions & problem gambling services in Ontario			
	1-866-531-2600Mental Health and Addictions Support available 24/7 CALL 811 or 1-866-797-0000 to speak to a registered nurse			
	Suicide Crisis Helpline Call or Text 988 24/7 across Canada			
	Be Safe App – besafeapp.ca - free phone app designed to provide simple screening for suicide potential; provides appropriate resources to access; printable resources			
				
	Friendly Calls – Age 18 years +	Central Intake phone line	Call 9am -5pm weekdays	
Canadian Red Cross	To provide emotional support, encourage healthy coping strategies & suggest well		1-833-979-9776	
	Friendly Calls Program - Canadian			Red Cross
	being resources and community	connections		
	Offers hope through education, support, social rehabilitation, networking, and			
	to all whose lives are affected by		Monday - Friday advocacy	
			8:30 am	
Mental Health Network (Hope mental challenges		519-351-3100	– 3:30 pm – office hours	ChathaMental Health Network ofm-Kent
(mhnck.com)				
House) of Chatham Kent	Multiple weekly programs click on:	71 Raleigh St.	Mon – Friday	519-351-3100
	Calendar Mental Health Network of	Chatham	10 am	
	Chatham-Kent (mhnck.com)		– 2 pm	jenny@mhnck.com
	Support by appointment		Client drop-in hours Peer	

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Ontario Structured Psychotherapy Program	Free Ontario-wide program offering step by step process to reduce symptoms of depression or anxiety. Adults 18+, selfreferrals, multiple languages, virtual available	www.OSPWEST.ca	1-833-944-9966
SENIOR'S SERVICES AND PROGRAMS			
Canadian Red Cross Let's Go Home with Homeward Bound Program Ages 55+	A free temporary program for clients 55+ returning home from hospital admission or ER trip. If eligible services can include light housekeeping/laundry, meal prep; frozen meal packages; transportation home from hospital; ride to follow up medical appointments; shopping companionship/caregiver relief and referrals to other community services; Service lasts for up to 6 weeks during the initial recovery period and to help them get back on their feet	Eligibility – planned or recent discharge from hospital or emergency; at risk for re-admission; needs assistance beyond what family can provide; or limited family/supports or lives alone	Referrals accepted from community agencies, medical professional, family, friends, or self referral www.redcross.ca Call: 519-352-2510 Email: chatham@redcross.ca
FreeHelpCK	Free Meals for Seniors (referrals take from Red Cross) or self referral Senior Grocery Deliveries Delivery of seasonal dinners. Adopt a Senior Program – Turkey Dinner/ gift/ visits; daily calls as reminder to take medications or just a friendly visit	Weekly meal delivery – Monday and Thursday Weekly grocery delivery - Tuesday For dates and times of programs , call to register or refer a senior in need	Call FreeHelpCK to register: 519-784-7857 (24/7) 226-494-0159 (office) 519-990-5178 (Geri)

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Ontario Caregiver Organization	Provides physical or emotional support to family members, partners, friends or neighbours who find themselves in a caregiver role	Helpline 1-888-877-1626		www.ontariocaregiver.ca info@ontariocaregiver.ca
Senior's Chat Line Ages 55 +	Free & confidential phone line for 55+ who want to chat; sponsored by the Ministry of Health	Virtual only	8 am – 10 pm daily	1-855-892-9992 www.friendlyvoice.ca
SMART (Senior's Exercise and Fall Prevention VON program)	Delivered in rest and retirement homes and community locations	Chatham Kent VON	call for times and locations	519-352-5515 1-855-419-5200 ext.6239
St. Andrew's Residence Senior's Day Out Program	Offers an adult day program that includes a range of social, physical, and recreational activities, foot care, transportation, and a hot meal. *Minimal fee*	99 Park St. Chatham 547 North St. Dresden	Chatham Thurs. 9:30 am to 3:00 pm Dresden Wed. 10:00 am to 2:00 pm	Brittany Whittington 519-354-8103 ext.248 bwhittington@standrewsresidence.com

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

South Essex Community Council	<div>Senior Services & Programs:</div> <ul style="list-style-type: none">• Lend a Hand – light housekeeping; yard work offered to low -income seniors• Adult Day Program – designed for seniors• Community Support Services for seniors and persons with disabilities to remain in their homes• Security Check & Friendly Visitation – telephone calls or in home visits• Transit – affordable door to door transportation	Serving the Wheatley Area	Monday – Friday 8:30 am – 4:30 pm Saturday 8:30 am – 12:30 pm	www.secc.on.ca info@secc.on.ca 519-326-8629
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Telephone Assurance VON	Volunteers provide security checks via a 5minute call to seniors in need	Chatham Kent VON	Call Lauren Haggerty Lauren.haggerty@von.ca	226-627-0348 519-352-5515
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Volunteer Visiting VON	Volunteers visit lonely, isolated seniors for a regular, scheduled visit once per week for 1 – 2 hours. May also take client out for coffee, walks, to doctor’s appointments	Chatham Kent VON	Call Lauren Haggerty Lauren.haggerty@von.ca	226-627-0348 519-352-5515
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TRANSPORTATION SERVICES

Public Transportation

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Ride CK Urban Public Transit	Urban public transit services available within the communities of Chatham and Wallaceburg	Chatham Mon – Saturday 6:15 am – 7:15 pm Five city routes available (see link) ON Request Service Mon – Friday 7:15 pm – 12:45 am (see link) Wallaceburg On Request Service (only) Monday – Saturday 7am-7:15 pm Sunday 9am – 5 pm	Urban Service Information OnRequest Transit OnRequest Transit
Ride CK Inter-Urban Public Transit	Inter-Urban public transit that connects our Chatham-Kent communities	Inter-Urban Routes	See link for hours/days of service; route maps; Ride CK service guide; & Inter-Urban Routes stop locations
Ride CK Seasonal Transit	Beach Bus service from Chatham to Mitchell’s Bay & Erieau	Seasonal Routes service is offered	See link for months and times this
Ride CK – Specialized Transit	Residents with a disability living in Chatham or Wallaceburg who are unable to be accommodated on the above conventional services may qualify for curb-to-curb specialized public transit	Chatham & Wallaceburg Transit Accessibility	See link for details
Four Counties Transit	Chatham-Kent residents living in Ward 3 , can access Four Counties Transit.	Thamesville, Bothwell, Ridgetown, Highgate and Morpeth areas	519-693-8604 visit the Four Counties Transit website for more information

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Taxis and Ride Programs	Courtesy Cab – Chatham	Courtesy -519-352-2300		
	CK Taxi Joe	CK Taxi Joe 519-784-8844 or 226-637-6446		
	Blu Light Taxi Ltd – Chatham	Blu Light Taxi-548-996-2040		
	Tam’s Taxi – Wallaceburg	Tam’s Taxi-519-627-2221		
	URide	Ride share program accessed online through an App	URide	
Community Service Transportation				
NeighbourLink Chatham Kent	Providing free transportation for those in need without vehicles or convenient access to public transit Volunteers will provide rides to medical appointments, the grocery store or the bank	NeighbourLink CK Non-profit Chatham, Ontario	519-352-5647	
Family Service Kent adVANtage Transportation	Accessible, fee-for-service, transportation. Prioritizes rural and low-income ages 0 to 60 without access to public or private transport. For those under the age of 18, a family member or caregiver over age 18 must accompany the child/youth at no charge to the adult free of charge.	50 Adelaide St S, Chatham, ON	adVANtage Transportation – Family Service Kent	https://familyservicekent.com/ 519 -354-6221

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Helping Hands Community Service	Provides rides for medical appointments, shopping & errands. Transportation is available within Chatham-Kent and the Windsor, London & Sarnia areas	433 Merritt Ave Chatham		1-519-355-1654
Senior Specific Transportation				
Go Home with Homeward Program	Free temporary program for clients 55+ returning home from hospital admission or Canadian Red Cross Let's ER trip; transportation home from hospital; ride to follow up medical appointments	Bound Eligibility – planned or recent discharge from hospital or emergency; at risk for readmission		Email: chatham@redcross.ca Call: 519-352-2510
South Essex Community Council	Affordable door to door transportation for seniors who need to travel to socialize, volunteer, errands, shopping, etc.	Available to those living in the Wheatly area	Rates and routes available by calling or visiting the website provided Transportation Services - South Essex Community Council	infor@secc.on.ca 519-326-8629
Voyago Health Transportation	Fee for service non-emergency patient transfer service	80 Barthe St, Chatham	Voyago - Voyago Health	(519) 455-1390
Medical Transportation *and Voyago (above)Also see NeighbourLink; Helping Hands; Canadian Red Cross , South Essex,				
Family Service Kent (formerly CHAPS) Accessible, fee-for-urgent medical transportation service.	50 Adelaide St S, service, door-to-door non-Chatham, ON		Door to Door Transportation – Family Service Kent	https://familyservicekent.com/ 519 -354-6221

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Provides people living with cancer rides to Wheels of Hope – cancer and from their treatment appointments.			
treatment volunteer driving program	Referrals from medical providers required with client’s consent	Available across Chatham-Kent	1-888-939-3333 For more information
VISUAL & HEARING SUPPORT SERVICES			
Canadian National Institute for the Blind	Connect individuals of all ages to programs & services that cater to individualized needs embracing accessible practices, diverse perspectives and equitable opportunities	About Us CNIB for	1-800-563-2642
Bell Accessibility Centre	Products and services for those living with hearing and vision limitations	Accessibility services centre BellCanada	accessible@bell.ca 1-866-310-2355 TTY: 1-800-268-9242
Canadian Guide Dogs for the Blind	Publicly funded non-profit who support the in need	info@guidedogs.ca training and finding of guide dogs for those	Canadian Guide Dogs for the Blind 1-613-692-7777
Canadian Hearing Service – Windsor Branch	Offers general support to those in Chatham Kent. Guidance, advocacy, and counselling to deaf and hard of hearing individuals who need assistance managing everyday life TTY: 1-877- info@chs.ca -215-9530 events, completing government forms, navigating systems, and coping with hearing loss.	Windsor Canadian Hearing Service	1-866-518-0000
SRV Canada	Video Relay Service (VRS) No-cost, subscriberwith hearing loss who use ASL and have a -based service for those living communication	https://srvcanadavrs.ca/en/	device set up for video

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

		Preschedule interpreting E: interpreting@chs.ca	
Canadian Hearing Service – Interpreting Services	Visit Link for prescheduling interpreting, 24/7 emergency interpreting, or Or access contact form at link	Schedule a Sign Language Interpreter Now Canadian Hearing Call: 1-866-518-0000 for more	
	Quick Access – online virtual interpreting Services	information on these services	Emergency interpreting 24/7 service E: urgent@chs.ca Or text 416-712-6637
Ontario Association for the Deaf		For information call #'s or access links www.deafontario.ca	E: office@deafontario.ca TTY: 4161-416--413513--91911893
Deaf-Blind Ontario Services		For information call #'s or access links www.deafblindontario.com	E: info@deafblindontario.com 1-905-853-2862 1-855-340-3267
ADDITIONAL COMMUNITY SUPPORT SERVICES & PROGRAMS			
Chatham – Kent Homeless Response Line 519-354-6628 available 24 hours a day 7 days a week			
Chatham Kent Health Alliance Crisis Service Chatham – 519-352-6400 EXT. 6050 Wallaceburg – 519-352-6400 EXT. 8151			
Additional Crisis Help Lines	Chatham Kent Sexual Assault Crisis 519-354-8688		
	Chatham Kent Victim Services 519-436-6630		
	Chatham Kent Women’s Centre 519-351-9144		
	Community Outreach Crisis Line 24/7 519-354-6360 or 1-800-265-0598		
Alzheimer Society of Chatham Kent Call: To certify your local business as a Dementia Friendly Community Supporter	Counselling Support groups Cognitive Assessments Day Program Education Programs / First Link In home Mobility Monitor In Home Respite Care Lending Library/Referrals 36 Memory Lane Chatham		FOR DAY PROGRAM: Chatham 519-352-1043 9:30 a.m. to 3 p.m. Monday – Saturday info@justasck.ca Alzheimer Society of Chatham Kent 519-628-4229 Call or check website for monthly program information
	Wallaceburg 9:30 a.m. to 3 p.m. Tuesday – Friday		

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

212 Elizabeth St Wallaceburg				
Alzheimer Society of Chatham Kent	Care Partner Support Group	In Person Grace Christian Reform 255 Tweedsmuir Ave	First Wednesday of the Month 1 pm – 2:30 pm	Call 519-352-1043 to register info@justasck.ca
Connect CK Bookable Workspace	Can be used free of charge Reserved for virtual and in-person meetings; 2-hour limit with flexibility for exceptional circumstances	435 Grand Ave. W. Chatham	Monday to Friday between 8:30am – 4:00pm for a maximum of 2 hours per day. Additional time available upon request	Contact a Community Navigator 519-355-1380 or CKCN@chatham-kent.ca
Chatham-Kent Public Library	Quiet Pods available in Chatham and Wallaceburg can be booked for 2-hours free of charge for virtual meetings, personal appointments, study purposes. Technology equipment may be available at request. Call Chatham 519-354-2940 or Wallaceburg 519-627-5292 to book at that branch.	Chatham, Wallaceburg Blenheim, Dresden, Ridgetown Tilbury, Thamesville, Merlin, Wheatley, Bothwell, & Highgate	Follow this link for locations, hours, and phone contact for each branch CKPL website	For programs at your local branch Click: CKPL website Quiet Pods (chatham-kent.ca)

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Community Living
Chatham-Kent

Planning: Assists people who have diverse abilities and their families to coordinate services and develop short and long-term plans to meet their needs and goals.

Community Supports: Provides support for people living on their own or with their family. Services are based on individual needs and are designed to enhance independence and quality of life.

People Make a Community: An activity-based program that operates in Ridgetown, Blenheim, and Tilbury, to build each community’s capacity to support people within their own community.

Making It Happen: Provides outcome-based supports to young adults. People accessing services are between the ages of 18-28. Individualized supports are developed based on intensive goal setting and planning. Connections to natural support networks are established.

www.clc-k.ca
519-352-1174

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Community Living
Chatham-Kent (continued)

Supported Accommodation: Provides 24-hour support to assist people to live successfully in their own home. Supports for daily living are designed to enhance independence and make connections to community resources. Assists people to develop social capital with supports based on their needs and preferences.

Host Family: Provides accommodation within a family structure, where there are natural supports. The care, welfare, safety, and security of the person are ensured.

Library Café: A café at the main branch of the Chatham-Kent Public Library.

Outward Bound: Provides recreation, leisure, and volunteer opportunities and support based on personal choice with a focus on connecting people to their communities.

School-to-Work Transitions: Includes pre-employment coaching, cooperative education placements, and summer job placements for secondary school students.

Adult Out-of-Home Respite Service: Provides out-of-home respite for adults who have diverse abilities and live at home with their family. Services are provided in a home-like setting. This is a fee-for-service program.

Passport Services: Community participation activities, out of home Respite, personal or employment supports may be purchased and provides a worry-free experience and peace of mind. Administration and brokerage services are often chosen so families do not need to complete mandatory invoicing and reporting procedures to PassportONE.

Volunteer Services: Provides connections and resources to people and the agency by recruiting and nurturing volunteers. Our focus is to create opportunities which encourage a culture of volunteerism. Volunteers bring many resources and experiences, enriching the lives of people who have diverse abilities

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Family Service Kent	Advocacy and Protective Service: Telephone and/or virtual services where able. Appointments are required for in person services. Trustee services		50 Adelaide St S, Chatham, ON will not be interrupted.	https://familyservicekent.com/
	KIDS Team: Telephone and/or virtual services where able. Appointments are required for in person services.			519 -354-6221 Call this number for all services
	Supervised Access: Provides a safe & neutral environment where non-custodial caregivers can enjoy time with a child. Safe exchanges from one caregiver to another. Call 519.355.1127 to discuss your needs or to make a referral.			info@familyservicekent.com
	Tuesday & Friday 9am – 5pm Monday, Wednesday & Thursday 9am – 9pm Appointment ONLY No Walk-In service			

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Family Service Kent (continued)	Counselling Services: Accepting new referrals by telephone only. New and existing clients can receive services via telephone, virtually, or in person.		
	Financial Trusteeship for Seniors – support for older adults ensuring their financial safety and protections against elder fraud/ abuse. Support to protect your finances. CALL for more information Community Support Service (CSS) for older adults (60+ years of age) and adults (18+ years of age) with disabilities (temporary or permanent)		
	CareLink Transportation: Accessible, fee-for-service, door-to-door non-urgent medical transportation service for seniors and adults with disabilities link to Door to Door Transportation – Family Service Kent		
	adVANTage: Accessible, fee-for-service, transportation. Prioritizes rural and low-income ages 0 to 65 without access to public or private transport.		
	adVANTage Transportation – Family Service Kent		
	Feelings & Family Group: Ages 7 – 12 yr focusing on emotional regulation through small groups. Includes self-regulation, coping strategies, mindfulness, and problem solving. Parents/caregivers will receive individualized sessions to help develop strategies for their children. Two – Simultaneous Groups Ages 7-9 yrs – Starts April 16 and Ages 10-12 yrs Starts April 17		
Frozen Meals: Regular & special diets (lactose free, gluten free, minced, and pureed meals). Cost ranges between \$3.50 - \$8.00 per meal			

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Home Help: In-home supports broker service that matches clients to skilled, self-employed Home Helpers. Services include housekeeping, personal care, and accompaniment for appointments.

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

Family Service Kent (continued)	Home Help Fee ranges between \$20 - \$25 per hour paid directly to the home helper by the client Free in-home assessment to identify client needs/goals. Client Intervention: Free client-directed support and social work services for vulnerable/at-risk seniors, adults with disabilities, and residents of care homes or supported living.			
FLIP – Financial Literacy Independence Program John Howard Society of Windsor - Essex	8-week financial literacy program that looks at setting financial goals, budgeting, credit & debt management	New to Chatham September 2024	For more information contact Jaime Kennedy John Howard Society of Windsor-Essex	Call Jaime at 519.252.3461
NeighbourLink	Transportation for medical appointments, phone buddy program Wrap Around Supports – helps by providing tools for planning and problem-solving, along with supportive relationships in the form of a Wrap Around team, to help achieve a better life	40 Centre Street Available to all communities in Chatham Kent	Tuesday - Thursday 9 am to 12 pm Tuesday - Thursday 9 am to 12 pm	519-352-5647 NeighbourLink CK Non-profit Chatham, Ontario
NeighbourLink Financial Literacy Program	Christians Against Poverty (CAP) – Free Family & Personal Budgeting Course (day & night courses available) three sessions Fall, Winter Spring	40 Centre Street Available to all communities in Chatham Kent	Course is 4 2-hour sessions	519-352-5647 Call to register
New Beginnings ABI & Stroke Recovery Program Brain Injury Association	Provides social, recreation, education and leisure opportunities to survivors and anyone impacted by brain injury or stroke	9 Maple Leaf Dr. Chatham	See website or call for programs info@newbeginnings-cksl.com Follow on Facebook for programs	519-351-0297

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

United Way’s Tilbury Information & H.E.L.P. Centre	Provides various services for those in need	26 Queen St, Tilbury	Tuesday - Friday 9:00am - 3:00pm	519-354-0430 Email: info@weareunited.com
VON Services	Senior’s Exercise & Fall prevention Supportive Care Volunteer Visiting Friendly Visiting Program Kid’s Circle /Telephone Assurance Prog. Home Support Service / E-Homecare Chronic Pain Management ON student nutrition program	190 Stanley Ave, Suite 100, Chatham	Monday – Friday 8 am – 4:30 pm	519-352-5515 1-855-285-2990 Chatham Kent VON
VON Grieving Well	8-week Support Group for those who are grieving Mondays Starting Oct 14 th ; Registration is required	425 McNaughton Ave W	Mondays 5 pm – 7 pm	519-354-0430 ext. 291 Erin.crow@von.ca
VON Virtual Grief Support	4 Virtual Grieving Support Options Available Across the VON South-West Region Death by Suicide Addiction Related Death Death of a Child Medical Assistance in Death (MAID) Registration is Required	Virtual	Call for information about available programs in Chatham - Kent	519-354-0430 ext. 291 Erin.crow@von.ca
Wheatley – The Village Resource Centre	A safe and sustainable location from which all community residents and businesses have equitable access to information, goods, and opportunity, through a variety of strong and reliable community partnerships. We offer a pay-it-forward food pantry that also provides food assistance to neighbours in need, professional offices, boardroom, and event spaces available for rent, an internet cafe with computers, internet, and printing, and more. Contact us for more information.	108 Talbot Road East Wheatley	Mon Wed Thurs Fri 9am - 5pm Tuesday 9am - 8pm Saturday 10am - 2pm	Main - (226) 484-1004 Cell - (519) 300-4101 info@villageresourcecentre.ca

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

211 – Chatham - Kent

Free and confidential helpline that connects people to the social services, programs and community supports they need.

Supports include but are not limited to mental health, physical health, food, housing, and government services.

Provides a lifeline for the community, connecting individuals to essential resources and support

Available 24 / 7 in over 150 languages

Dial 211

Or visit 211.ca

LEGAL SUPPORTS

Chatham Kent Legal Clinic	<p>Provide service/advice & representation in Landlord/Tenant matters; CPP, OW, ODSP appeals; employment law; Human Rights in the Workplace; Criminal Injuries Compensation applications; Sexual harassment in the Workplace</p> <p>DO NOT help with criminal, family, or property law; These matters are referred to the Private Bar, Lawyer Referral Service, the Legal Aid Office, Duty Counsel, or to other agencies as applicable</p>	455 Grand Ave E Unit 9 Chatham	519-351-6771 Leave a message and your call will be returned Clients must meet financial eligibility to qualify for this service and must be residents of Chatham-Kent	<p>Walter Van de Kleut walter.vandekleut@cklc.clcj.ca Executive Director/Lawyer Chatham-Kent Legal Clinic Phone: 519-351-6771 Fax: 519-351-8091</p> <p>www.cklc.ca</p>
Legal Aid Ontario	Client Service Centre for application and phone advice			1-800-668-8258 www.legalaid.on.ca
	Duty Counsel Services & Enhanced Duty Counsel For those who qualify financially; located at the Courthouse & through the Family Law Service Centre	425 Grand Ave W Chatham		519-352-3518
	Family Law Information Centre Family advice clinic			519-355-2200

CHATHAM KENT COMMUNITY PROGRAMS AND SERVICES

		Family Law Service Centre Provides modest income families with family law matters - child custody, access, child support, and children’s service matters	519-352-3518	
		Lawyer Referral Lists List of lawyers who accept legal aid certificates are available at the Courthouse	425 Grand Ave W Chatham	519-352-4245
Ontario Landlord Tenant Board/Tribunal	Ontario’s LTB resolves disputes between landlords and tenants and gives them information about their rights and responsibilities	Landlord and Tenant Board Tribunals Ontario LTB tech support: 416-212-9064	TOP: Tribunals Ontario Portal Tribunals Ontario Accessing the Portal LTB: Forms Tribunals Ontario Accessing LTB Forms/application *Advocacy Center for Tenants Ontario* 1-866-245-4182	LTB 1-888-332-3234 TTY Bell Relay Service 1-800-268-9242 LTB Fax: 1-833-610-2242 LTB email: ltb@ontario.ca
WSIB Legal Supports These resources can be used for employee matters around WSIB claims and appeals . NOTE: clients only have 30 days from the date of the WSIB decision to submit an objection. Office of the Worker Adviser 1-800-435-8980 Injured Workers’ Consultants 416-461-2411 Industrial Accident victims Group of Ontario 416-924-6477 The Workers’ Health and Safety Legal Clinic 416-971-8832				